

Next Steps Checklist

A simple checklist to guide your next steps. Breaking things into small steps can make the process easier to manage.



After school goals

- Think about your goals, interests and strengths
- Talk with family, school or support staff about what supports might help you in the future



Explore your options

- Learn about different pathways after school
- Start looking into providers and supports that best suit your goals and interests



Understand the NDIS

- Learn how the NDIS works
- Understand what supports it may fund
- Start thinking about your goals for a plan



Check eligibility and apply

- Check if you may be eligible for the NDIS
- Find out what information is required
- Begin the application process if appropriate



Prepare for planning

- Gather professional reports and evidence about your support needs and write down your goals
- Prepare a few questions for your planning meeting



Talk to providers

- Contact providers to learn what they offer
- Attend expos or information sessions
- Ask questions and compare your options

Cut along the dotted line

Next Steps Checklist



Make decisions

- Review the information you have gathered
- Think about what feels right for you
- Take your time before making decisions



Get started with supports

- Choose providers you feel comfortable with
- Set up supports that match your goals
- Ask questions if anything is unclear



Review and adjust over time

- Check what is working well
- Try new supports if needed
- Update your goals as things change

Notes:

Cut along the dotted line