



Explore our

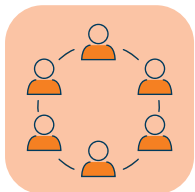
Community Services

Work towards your goals with confidence
and independence

About Us

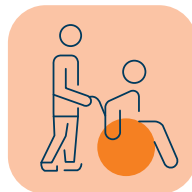
The Bridge Connects community services support people to build skills, stay connected, get the right help at home and enjoy community activities so you can work toward your goals with confidence and independence.

Our Services



Day Programs

Structured community-based programs designed to provide engaging, goal-focused activities that support learning, life skills development and social connection.



In Home and Community Support

Our Your Supports program provides one-to-one support both at home and out in the community.



Leisure and Recreation

Our Getaways program provides recreational and leisure activities, as well as trips away and supported holidays in Victoria and interstate.



Support Coordination

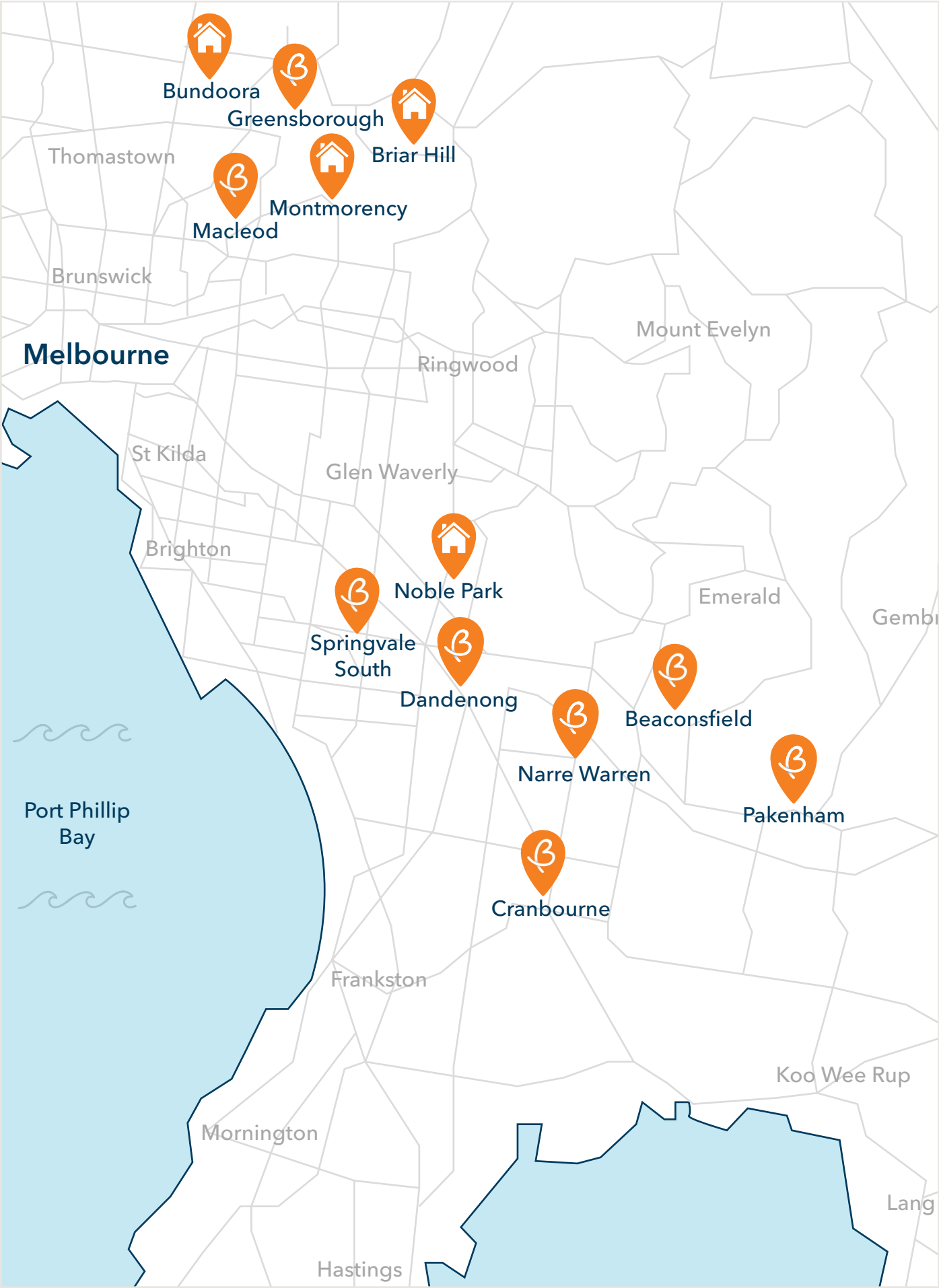
Support to help you understand your NDIS plan, connect and manage services and achieve your goals.



Independent Living Homes

Supported Independent Living (SIL) and Specialist Disability Accommodation (SDA) providing support, seven days a week in one of our shared homes.

Our Locations



Day Programs

What are Day Programs?

Day programs encompass a variety of structured activities on site and out in the community designed to support adults with disabilities in their daily lives to learn new skills, build independence and promote social participation.

The aim of our disability day programs is to empower individuals with disabilities to live fulfilling and meaningful lives by offering opportunities for personal growth through socialising and community access.



What's included?

Each of our sites offers a timetable of engaging activities, with some popular activities running consistently and others changing throughout the year. These provide choice for our participants to have new experiences or work on new skills.

Programs are designed to support wellbeing, life skill development, social connection and to help achieve personal goals.

There is a mix of site-based experiences, community outings and group activities.

Life Skills Development

These focus on developing practical life skills, such as managing money, cooking, reading and writing, all aimed to increase independence, confidence and ability to navigate daily tasks.

Recreational Activities

Opportunities to connect and have fun through arts and crafts, sports, gardening, music and dance, supporting creativity, social connection and overall wellbeing.

Training and Support

Day Programs can also be linked in with vocational training programs and volunteering. Work experience through our Job Skills Building program is also available to help individuals find and keep a job.



Stories from Our Community

Illuminate Art Show

The Macleod Day program came alive with colour and creativity as we hosted our Illuminate Art Show, an inspiring evening dedicated to showcasing the incredible talents of our participants.

Following the success of the event, selected artworks were given an extended audience and featured in a second exhibition at Ivanhoe Library and Cultural Hub. This continuation allowed even more members of the community to experience and celebrate the creativity of our participants.

Rachel's Animation

As part of her digital literacy goal, Rachel embarked on creating a Christmas-themed animation. What started as a small concept soon blossomed into a captivating visual, with Rachel embracing the role of creative director.

She made important artistic choices, guided the project's direction and eagerly experimented with new ideas. Rachel's openness to teamwork and her clear communication of her vision brought the project to life.



In Home and Community Support

What is Your Supports?

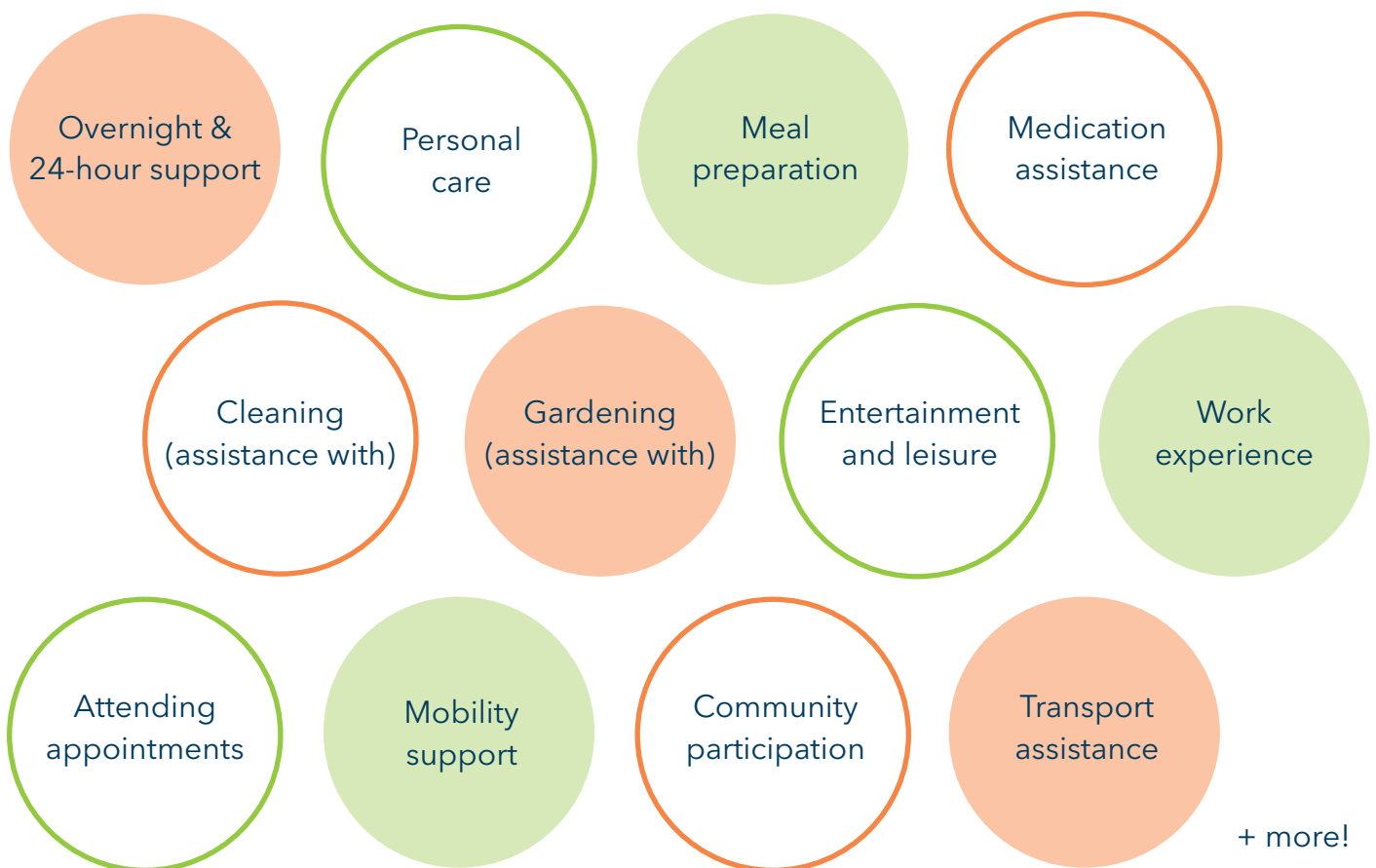
Your Supports is a core service within our Connects community services and is dedicated to delivering one-to-one (1:1) personalised in-home and community supports.

Whether you're looking for one-to-one support at home, in the community, or through group activities, Your Supports provides flexible assistance tailored to your individual needs and goals.

How does Your Supports work?

Our team will work with you to co-design a plan that reflects what matters most to you. We take the time to understand your lifestyle, preferences, and goals to deliver consistent, quality support that enhances your everyday life.

This can look like support with:



Linking to Services

Your Supports can also connect you through group activities and social opportunities.

Stories from Our Community

Sarah's Story

After more than 50 years of marriage, Jen and Phil embarked on a six-week overseas adventure, supported by the Your Supports team. While they were away, their daughter Sarah, who had rarely been on her own, discovered a new sense of confidence and independence. Phil reflected that witnessing Sarah's growth reassured them about her ability to flourish with future support. Jen and Phil are deeply proud of Sarah's progress and grateful for the opportunity that allowed her to shine.



Leanne's Story

Leanne who receives in home and community support through Your Supports, set her sights on earning her Learner Permit. With the dedicated support of The Bridge staff, Leanne was able to pursue her goal of obtaining her learners permit. Through encouragement and assistance, Leanne demonstrated remarkable independence, successfully answering 27 out of 30 questions and needing help with only five. We're so proud of her achievement and can't wait to see where the road takes her next. Congratulations Leanne!



Recreation and Leisure

What is Getaways?

Our Getaways leisure and recreational program creates opportunities for people to enjoy leisure activities, discover new places and connect socially with others. Whether it is a social night close to home or a supported holiday, participants can join safe, supported activities that build confidence, skills and independence.

Ryley's Story

Ryley has really embraced our weekend Getaways recreational activities, which initially felt daunting. "He was hesitant to go as none of his friends were attending, and he didn't know anyone," Kelly (Ryley's Mum) recalls. "But after one session, Ryley was hooked."

"I like everywhere they take me. Camps are my favourite especially the Christmas in July one," Ryley says. He's now made friends across multiple sites and proudly says, "I have more friends than anyone at The Bridge!" We're honoured to support Ryley's journey, and we can't wait to see where his confidence and determination take him next.



Funding and Fees

Recreation activities can be funded through the NDIS where suitable line items apply. If you do not have NDIS funding, you can still take part through our 'Fee for Service' option by paying for the activities you would like to join.

Getaways Activities

Regular Social Nights

Relax and connect with others at our social nights. Typical evenings include music, dancing, cooking, arts and crafts, movies, board games and casual sports.

These events are friendly, structured, and supported so everyone can join in at their own pace.

Day and Evening Activities

Join us for local adventures in the city and across Victoria. Each month we plan a mix of outings such as visiting markets and festivals, sporting events, nature walks, gallery or museum visits, swimming, lunches and movies. One-to-one support can be arranged within group settings where required, so participants feel confident and included.

Monthly Discos

Our discos are a favourite. They are a chance to celebrate, dance and enjoy themed nights with friends.

The vibe is inclusive and upbeat with simple routines and plenty of encouragement from our team.

Weekends Away

Short breaks are a great way to try supported travel or supported holidays. We visit popular holiday parks and retreats where accommodation is comfortable and accessible. Packages include accommodation and meals so participants can focus on enjoying the weekend, building routines, and trying new activities.

Interstate Supported Holidays

For those who want to explore further, our supported interstate holidays head to well-loved destinations such as Sydney, Darwin, Adelaide, Cairns, the Gold Coast, Byron Bay and Tasmania. We handle planning and logistics including transport, accommodation and daily schedules. Holidays are designed to balance sightseeing, rest and social time, so everyone returns with great memories.



Support Coordination

What is NDIS Support Coordination?

Support Coordination helps people with disabilities navigate the NDIS. Our team of experienced Support Coordinators work closely with participants and families to ensure each participant is living their best life. This is achieved by building capacity and confidence in managing their NDIS plans, understanding their unique goals and support options.

Our Support Coordination team covers a wide range of areas to ensure that you have access to the support you need at every step of your journey.

Some of these key areas include:



NDIS Plan Implementation

We assist you in understanding and implementing your NDIS plan, ensuring that you have a clear understanding of your budget and the supports available to you.



Service Provider Navigation

We help you navigate the vast array of service providers, ensuring you have access to quality services that align with your goals and preferences.



Goal Setting and Planning

Our support coordinators work collaboratively with you to identify your goals, develop a plan and connect you with the right supports to achieve them.



Empowerment

We are your voice, supporting you to exercise choice and control over your life. We empower you to make informed decisions and access the services and resources you need.



Monitoring and Review

We regularly monitor your progress, review your goals and ensure that your NDIS plan remains aligned with your evolving needs and aspirations.



Theresa's Story

Theresa has been with The Bridge since 2019. She was initially linked with our Support Coordination team, when she first joined the NDIS, who have worked closely with Theresa to achieve some fantastic outcomes. Theresa now has a fabulous network of support. She is supported to attend her volunteer activities, and to develop her skills both in home and the community. It has been a pleasure to witness the growth of Theresa over the years and to see an increase in her skills and independence.

Theresa says, "I have been with my Support Coordinator from the beginning of my NDIS journey with The Bridge. My life has significantly changed since then. From a frightened, insecure person to a confident, more exploring individual I am becoming. I can only be grateful to my Support Coordinator for these changes in my life."



Independent Living Homes

Holistic Supported Accommodation

The Bridge specialises in delivering both Supported Independent Living (SIL) and Specialist Disability Accommodation (SDA) for eligible NDIS participants.

We take a holistic approach, helping you explore our homes that match your needs, understand your SIL and SDA funding, choose a home that reflects your lifestyle, culture and personality and transition smoothly with support from our SIL coordination team. Our goal is to provide accommodation solutions that honour your individuality and empower you to live the life you want.

Supported Independent Living Homes

Supported Independent Living (SIL) is a service that provides support seven days a week in shared homes, with assistance tailored to each person's interests, routines and goals.

Specialist Disability Accommodation Homes

Modern Specialist Disability Accommodation (SDA) homes for people who want a living space designed to suit their support requirements. Each home is safe, accessible and comfortable, supporting residents to live independently.

Brendan's Story

We were so excited to welcome Brendan to our Supported Independent Living (SIL) home in Briar Hill and even more thrilled that our house is now full of amazing individuals who make The Bridge community so special.

At The Bridge, we believe every person's journey is unique and we can't wait to support you every step of the way as you settle in, grow independence, and make this house your home.



Our Homes

South-East Melbourne



High Physical Support SDA
Noble Park, VIC, 3174



SDA Provider: The Bridge
SIL Provider: The Bridge



Support Model:
7 day sleepover support



Two (2) Bedrooms:
+ On-site Overnight Assistance



One (1) Bathroom: fully accessible shared bathroom with H Track Hoist



Two Bedroom Improved Liveability SDA
Noble Park, VIC, 3174



SDA Provider: The Bridge
SIL Provider: The Bridge



Support Model:
Irregular sleepover support



Two (2) Bedrooms



Two (2) Bathrooms: Downstairs full bathroom and upstairs full shared bathroom with bathtub



Three Bedroom Improved Liveability SDA
Noble Park, VIC, 3174



SDA Provider: The Bridge
SIL Provider: The Bridge



Support Model:
Irregular sleepover support



Three (3) Bedrooms



Three (3) Bathrooms: Downstairs full bathroom, upstairs en-suite and full shared bathroom with bathtub

Our Homes

North-East Melbourne



Supported Independent Living Home
Briar Hill, VIC, 3088



SIL Provider: The Bridge



Support Model:
7 day sleepover support



Five (5) Bedrooms



Three (3) Bathrooms



Supported Independent Living Home
Montmorency, VIC, 3094



SIL Provider: The Bridge



Support Model:
7 day sleepover support



Five (5) Bedrooms



Three (3) Bathrooms



Improved Liveability SDA
Bundoora, VIC, 3083



SDA Provider: VIC Government
SIL Provider: The Bridge



Support Model:
7 day sleepover support



Five (5) Bedrooms



Two (2) Bathrooms





Contact Us

Get in touch below to learn more about our community services.

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 1800 274 343

 thebridgeinc.org.au



Registered
NDIS
Provider